

Dedication: Why the poem? Well this poem is about one of my problems. I was diagnosed with ADHD, Attention Deficit Hyperactivity Disorder, when I was 4 years old and put onto medications at the age of 5. At the age 13 my medication dose became high enough that one more milligram could kill me so I was taken off of the medication and forced to fix myself without help. I know, not many people would want to talk about this, but I don't mind saying it. 15% of today's children will be diagnosed with ADHD or ADD and 20% of adults will spend their lives struggling with these disorders and will never know what is wrong with them.

### **Questions of a Lost Child**

*Why me?  
Am I alone?  
No!  
I can't accept that!*

*There must be others!  
Others like me  
But I must ask myself  
How can this be?*

*Why do I act this way?  
Something always going wrong  
I want to understand  
How to get along*

*I feel like there's a secret  
One I shouldn't hear  
But it is this secret  
That that fills my heart with fear*

*Who am I?  
Where do I belong?  
What am I?  
When will I know the answer?  
Why me?*

**~LWKat~**